

# Thermodynamic aspects of fibroblastic spreading on diamond-like carbon films containing titanium dioxide nanoparticles

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**Abstract** The combination of low friction, wear resistance, high hardness, biocompatibility, and chemical inertness makes diamond-like carbon (DLC) films suitable in numerous applications in biomedical engineering. The cytotoxicity of DLC films containing TiO<sub>2</sub> nanoparticles was practical and theoretically evaluated. The films were grown on 316L stainless steel substrates from a dispersion of TiO<sub>2</sub> nanopowder in hexane. Raman spectroscopy shows that the presence of TiO<sub>2</sub> increased the graphite-like bonds in the films. The incorporation of TiO<sub>2</sub> nanoparticles into DLC films increases surface roughness, decreases water contact angle (increased hydrophilic character), and increases the total free surface energy due to the higher polar component. As the concentration of TiO<sub>2</sub> increased, the films increased the cell viability (MTT assay), becoming more thermodynamically favorable to cell

spreading ( $\Delta F_{\text{Adh}}$  values became more negative). This was evidenced through the increasing number of projections (filopodia and lamellipodia), indicating a higher adhesion between the L929 cells and the films. The practical and theoretical findings of this study show that the incorporation of TiO<sub>2</sub> into DLC films is effective in enhancing cell viability. These results show the potential use of DLC and TiO<sub>2</sub>-DLC films in biomedical applications.

**Keywords** Diamond-like carbon · TiO<sub>2</sub> nanoparticles · Cellular viability · Work of adhesion · Hydrophilicity · Cell spreading

## 1 Introduction

Surfaces play a vital role in biology and medicine with most biological reactions occurring on surfaces and at interfaces [1]. The successful incorporation of an implant into the body depends on tissue integration and infection resistance, which is influenced by the adherence of autologous cells and bacteria to the surfaces [1, 2]. Cell adhesion and spreading is fundamentally essential for biomaterials that are frequently used in biomedical devices [3]. In most cases, a surface modification of these biomaterials is considered a prerequisite for improving biocompatibility, because this kind of material should also be hard, wear resistant, with a low friction coefficient, and corrosion resistant for certain applications [4].

Diamond-like carbon (DLC) coatings have been actively studied over the last decade in the field of material engineering. Consisting of dense amorphous carbon or hydrocarbon, the mechanical properties of the DLC films fall between those of graphite and diamond [5–8]. These coatings can also impart wear resistance, hardness, and

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Dedicated to Professor Akira Imamura on the occasion of his 77th birthday and published as part of the Imamura Festschrift Issue.

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corrosion resistance to the surface of a medical device and have been considered for use in a variety of cardiovascular, orthopedic, biosensor, and implantable microelectromechanical system devices [9, 10]. Recent studies have reported modified DLC films improved biocompatibility, lubricity, stability, and cell adhesion [11–14]. According to Yun et al. [11], these characteristics are related to structural bonds [15, 16], surface roughness [17, 18], and whether the film is hydrophobic or hydrophilic [19, 20].

Titanium dioxide ( $\text{TiO}_2$ ) has been widely studied in regard to various electronic applications, utilizing its photocatalytic nature and transparent conductivity, which strongly depend on the crystalline structure, morphology, and crystallite size [21]. Due to  $\text{TiO}_2$  photo-semiconductor properties, it may be used as an antibacterial agent for the decomposition of organisms [22, 23].

Thorwarth et al. [24] studied the biocompatible properties of the DLC- $\text{TiO}_x$  films on a  $\text{TiAl}_6\text{V}_4$  alloy prepared by the plasma immersion ion implantation and deposition (PIII&D) technique. In vitro biocompatibility tests showed promising results concerning proliferation and differentiation of human osteoblasts for the DLC- $\text{TiO}_x$  films. Amin et al. [25] synthesized DLC films containing titanium oxide (DLC- $\text{TiO}_x$ ,  $x \leq 2$ ) using the pulsed DC metal-organic plasma-activated chemical vapor deposition (MOCVD) technique. The biomimetic growth of amorphous carbonated apatite on the DLC- $\text{TiO}_x$  in simulated body fluid (SBF) was found to be dependent on the Ti content of the film.

Our previous publication reported for the first time the production and characterization of  $\text{TiO}_2$ -DLC films using plasma-enhanced chemical vapor deposition (PECVD) [26]. The method used permits the incorporation of  $\text{TiO}_2$  nanoparticles into the film structure during the deposition process. The results demonstrated that these films are potential antibacterial agents with the increasing concentration of  $\text{TiO}_2$  nanoparticles. However, it is very important to evaluate the cellular behavior of this new biomaterial.

This paper investigates the cytotoxicity and cell adhesion on DLC films containing  $\text{TiO}_2$  nanoparticles. The cell spreading behavior was evaluated using physicochemical properties.

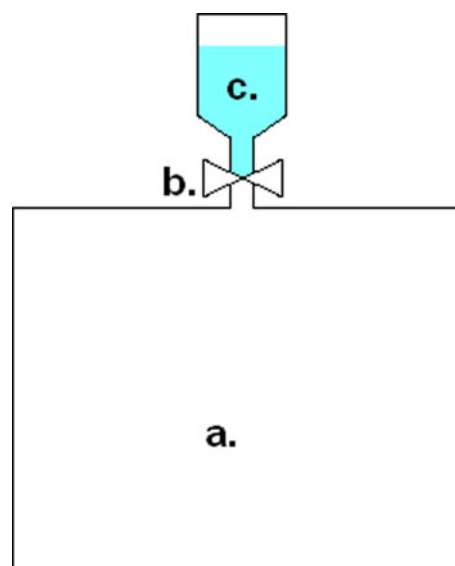
## 2 Materials and Methods

The 316L stainless steel (SS) substrates ( $1 \times 1 \text{ cm}^2$ ) were mechanically polished to a mirror-like finished surface, cleaned ultrasonically in an acetone bath for 15 min, and dried in nitrogen atmosphere. The clean samples were mounted on a water-cooled, 10-cm-diameter cathode, which was powered by a pulsed direct current plasma-enhanced chemical vapor deposition power supply, with variable pulse voltage from 0 to  $-1,000 \text{ V}$ , at a frequency of 20 kHz and duty cycle of 50%.

In the chamber (vacuum base pressure of 1.3 mPa), the substrates were additionally cleaned by argon discharge with 1 sccm gas flow at 11.3 Pa working pressure and a discharge voltage of  $-700 \text{ V}$  for 10 min prior to deposition. In order to enhance the DLC film adhesion to metallic surfaces, a thin amorphous silicon interlayer (thickness around 200 nm) was deposited using silane as the precursor gas (1 sccm gas flow at 11.3 Pa for 12 min and a discharge voltage of  $-700 \text{ V}$ ) [27]. The DLC films were deposited using hexane as the feed gas to a thickness of around  $2.0 \mu\text{m}$  (at 18.0 Pa for 60 min and a discharge voltage of  $-700 \text{ V}$ ).

In order to produce  $\text{TiO}_2$ -DLC films,  $\text{TiO}_2$  nanoparticles (Aeroxide<sup>®</sup>  $\text{TiO}_2$  P25 from Evonik), in anatase crystalline form with average particle size of 21 nm, were dispersed in hexane at 0.1, 0.5, and 1.0 g/L. These dispersions replaced the pure hexane during the DLC deposition. Figure 1 shows the schematic of the deposition setup, where (a) is the deposition chamber, (b) is the valve, and (c) is the compartment where hexane or hexane dispersion of  $\text{TiO}_2$  nanoparticles was inserted into the chamber. In order to perform the deposition of  $\text{TiO}_2$ -DLC films, the valve (b) opens to allow the hexane to enter into the chamber.

The atomic arrangement of the films was analyzed by Raman scattering spectroscopy by using a Renishaw 2000 system with an  $\text{Ar}^+$ -ion laser ( $\lambda = 514 \text{ nm}$ ) in backscattering geometry. The laser power on the sample was  $\sim 0.6 \text{ mW}$ , and the laser spot was  $2.5 \mu\text{m}$  in diameter. The Raman shift was calibrated in relation to the diamond peak



**Fig. 1** Schematic of the deposition setup: **a** is dedeposition chamber, **b** is the valve and **c** is the compartment where hexane or hexane dispersion of  $\text{TiO}_2$  nanoparticles were inserted into the chamber

at  $1,332\text{ cm}^{-1}$ . All measurements were taken in air at room temperature.

The film roughness values were characterized using atomic force microscopy (AFM), VEECO Multimode V, operating in dynamic mode, with 0.01–0.025 Ohm-cm Antimony (n) doped Si tip (model TESPW).

Mouse fibroblast cells (L-929) were provided by Cell Line Bank of Rio de Janeiro/Brazil (CR019). The cells were maintained as subconfluent monolayers in a minimum essential medium (MEM) with 1.5 mM L-glutamine adjusted to contain 2.2 g/L sodium bicarbonate 85%, fetal bovine serum (FBS) 15% (Gibco, BRL), 100 units/ml penicillin–streptomycin (Sigma), and 25  $\mu\text{g}/\text{mL}$  l-ascorbic acid (Sigma). The incubation occurred in a  $\text{CO}_2$  (5%) atmosphere at 37 °C.

The cytotoxicity assay was evaluated according to ISO 10993-5 “Biological evaluation of medical devices—Test for cytotoxicity: in vitro methods” (or EN 30993-5), using direct contact. The proliferative activity of cultured cells was determined with MTT colorimetric assay, as described by Mosmann [28]. Latex fragments were used as positive control. Fragments of filter paper to prove the nontoxic nature were used as negative control. The dimensions of these fragments were the same as the substrates with DLC and  $\text{TiO}_2$ -DLC films. All the samples were sterilized in humid vapor (121 °C, 1 atm) and placed in individual wells of 24-well culture plates. L929 mouse fibroblasts were seeded in each well at a concentration of  $5 \times 10^5$  cells/mL, supplemented with 10% fetal bovine serum (Gibco, BRL). The incubation was performed under a  $\text{CO}_2$  (5%) atmosphere at 37 °C for 24 h. After the incubation, the substrates with DLC and  $\text{TiO}_2$ -DLC films as well as the positive and negative control fragments were removed from their respective wells. Only the cells that adhered to the well walls were incubated with a tetrazolium salt solution (MTT) 3-[4,5-dimethylthiazol-2-yl]-2,5-diphenyltetrazolium bromide (Sigma, St. Louis, MO, USA), at 37 °C for 4 h. The MTT was reduced to an insoluble formazan precipitate by the mitochondrial succinic dehydrogenase of the viable cells. After removal of the medium, ethanol–dimethyl sulfoxide (DMSO) (Sigma) solution (1:1) was added to each well. After complete solubilization of the dark blue crystal of MTT formazan, the absorbance of the content of each well was measured at 570 nm with a 24-well microplate reader on a spectrophotometer Spectra Count (Packard). The blank reference was taken from wells without cells, also incubated with MTT solution. The cell viability was calculated by the normalization of optical densities (OD) to the negative control [29].

The OD were normalized by the negative control and expressed in percentage:

$$\left[ \frac{(\text{OD}_{\text{sample}} - \text{OD}_{\text{background}})}{(\text{OD}_{\text{negativecontrol}} - \text{OD}_{\text{background}})} \right] * 100. \quad (1)$$

Data were collected from five different experiments and expressed as the average  $\pm$  the standard deviation (SD). The statistical differences were analyzed by two-way Anova (Graph Pad Prism 5<sup>®</sup>). The populations from the DLC and  $\text{TiO}_2$ -DLC films were obtained with normal distribution and independent to each group of samples. *P* values less than 0.05 were considered to indicate statistical differences (no data shown).

The capacity of cellular adhesion of the L-929 cells on the DLC and  $\text{TiO}_2$ -DLC films with different concentrations was evaluated after 24 h. After the incubation, the samples were fixed with a 3% glutaraldehyde (0.1 M) sodium cacodylate buffer for 1 h and dehydrated in a graded ethanol solution series (30, 50, 70, 95, 100%) for 10 min each. The drying stage used a 1:1 solution of ethanol with hexamethyldisilazane (HMDS), and the samples were dried with pure HMDS at room temperature. After deposition of a thin gold layer, the cell spreading on the samples was examined by scanning electron microscopy (SEM—ZEISS EVO MA10).

The contact angle ( $\theta$ ) of the samples was measured by using the sessile drop method with a Kruss EasyDrop contact angle instrument (EasyDrop DSA 100). Two different test liquids (distilled water and diiodomethane) were used for surface energy calculations, according to the Owens method [30]. The liquid was dropped automatically by a computer-controlled system. All measurements were taken at room temperature.

The surface energy composed of polar and dispersive components of the samples was evaluated by measuring contact angle. The interfacial tension between two condensed phases can be determined by Young’ equation [31], according to which

$$\cos\theta\gamma_{\text{LV}} = \gamma_{\text{SV}} - \gamma_{\text{SL}}, \quad (2)$$

where  $\theta$  is the measured contact angle between liquid and solid, and  $\gamma_{\text{LV}}$ ,  $\gamma_{\text{SV}}$ , and  $\gamma_{\text{SL}}$  are the interfacial energies of the liquid/vapor, solid/vapor, and solid/liquid interfaces, respectively. This equation can be rewritten as the Young–Duprè equation:

$$W_a = \gamma_{\text{LV}}(1 + \cos\theta) = \gamma_{\text{SV}} - \gamma_{\text{SL}}, \quad (3)$$

where  $W_a$  is the adhesion energy per unit area of the solid and liquid surfaces. In the general form of Eqs. (2), (3) then can be written:

$$\gamma_{\text{LV}}(1 + \cos\theta) = 2\sqrt{\gamma_{\text{L}}^{\text{p}}\gamma_{\text{S}}^{\text{p}}} + 2\sqrt{\gamma_{\text{L}}^{\text{d}}\gamma_{\text{S}}^{\text{d}}}, \quad (4)$$

where  $\gamma_{\text{L}}^{\text{p}}$  and  $\gamma_{\text{S}}^{\text{p}}$  are the polar components of the surface energy of liquid and solid phases, respectively, and  $\gamma_{\text{L}}^{\text{d}}$  and

**Table 1** Test liquids and their surface tension components [32]

Surface tension data (mN/m)	$\gamma_L^D$	$\gamma_L^P$	$\gamma_{LV}$
Water	21.8	51.0	72.8
Diiodomethane	50.8	0.0	50.8

$\gamma_S^D$  are the dispersive component of the surface energy of the liquid and solid phases, respectively. Because  $\gamma_L^D$  and  $\gamma_L^P$  have been published for many liquids, it is possible to approximate  $\gamma_L^D$  and  $\gamma_S^P$  from a single measurement of  $\theta$  by using equation (4). Therefore, by measuring the contact angles of two different liquids (distilled water and diiodomethane) with well-known polar and dispersive components of surface energy (Table 1), Eq. (4) can be solved to determine the polar and dispersive components of the surface energy of the materials [32–34]. The liquid was dropped automatically by a computer-controlled system. All measurements were taken at room temperature.

Thermodynamically, the process of adhesion and spreading of cells and bacteria from a liquid suspension onto solid substrata can be described by the following equation [35]:

$$\Delta F_{\text{Adh}} = \gamma_{\text{CS}} - \gamma_{\text{CL}} - \gamma_{\text{SL}}, \quad (5)$$

where  $\Delta F_{\text{Adh}}$  is the interfacial free energy of adhesion,  $\gamma_{\text{CS}}$  is the cell-solid substratum interfacial free energy,  $\gamma_{\text{CL}}$  the cell-liquid interfacial free energy, and  $\gamma_{\text{SL}}$  is the solid-liquid interfacial free energy, respectively. They can be calculated by using contact angle data and the van Oss acid–base approach [36–38].

The following equation was used to determine the interfacial energy of cell adhesion to a solid surface [36–38]:

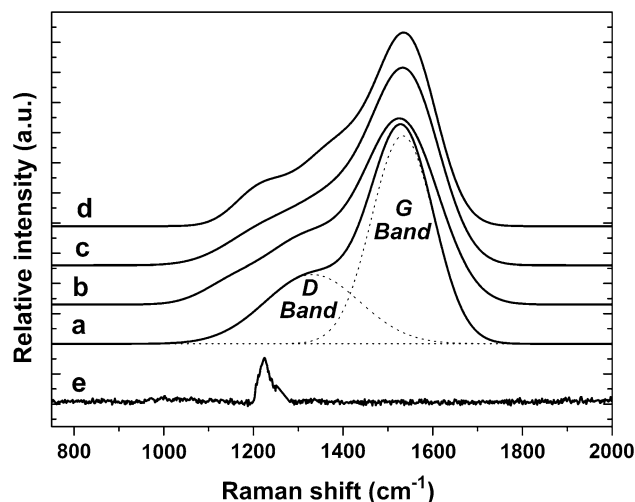
$$\Delta F_{\text{Adh}} = 2 \left( \begin{array}{l} \sqrt{\gamma_S^{\text{LW}} \gamma_L^{\text{LW}}} + \sqrt{\gamma_S^{\text{P}} \gamma_L^{\text{D}}} + \sqrt{\gamma_S^{\text{D}} \gamma_L^{\text{P}}} \\ + \sqrt{\gamma_C^{\text{LW}} \gamma_L^{\text{LW}}} + \sqrt{\gamma_C^{\text{P}} \gamma_L^{\text{D}}} + \sqrt{\gamma_C^{\text{D}} \gamma_L^{\text{P}}} \\ - \sqrt{\gamma_S^{\text{LW}} \gamma_C^{\text{LW}}} - \sqrt{\gamma_S^{\text{P}} \gamma_C^{\text{D}}} - \sqrt{\gamma_S^{\text{D}} \gamma_C^{\text{P}}} - \gamma_L \end{array} \right). \quad (6)$$

According to thermodynamic theory, if  $\Delta F_{\text{Adh}}$  is negative, cell spreading is energetically favorable; while if  $\Delta F_{\text{Adh}}$  is positive, cell spreading is thermodynamically unfavorable.

In order to avoid different UV sources in the contact angle and cell viability measurements, all the experiments were performed using the same light source. In this way, all the differences encountered in the experimental values are regarding only to the different samples (DLC, and TiO<sub>2</sub>-DLC in different concentrations of TiO<sub>2</sub>).

### 3 Results and discussions

Raman scattering spectroscopy was used to evaluate the chemical structure of the DLC films. Typical DLC spectra exhibit two distribution bands in the 1,000–1,800 cm<sup>-1</sup> range, known as the *D* and *G* bands [39]. These spectra were fitted using two Gaussian curves. The integrated intensity ratio of the *D* and *G* peaks ( $I_D/I_G$ ) has been correlated with the  $sp^3/sp^2$  bonding ratio [40, 41]. In amorphous material, there is a complete loss of periodicity because the *G* peak comprises all  $sp^2$  sites, but the *D* peak only comprises sixfold rings. Therefore,  $I_D/I_G$  falls as the number of rings per cluster and the fraction of chain groups rise [42]. Figure 2 shows the spectra from DLC film and from DLC containing TiO<sub>2</sub> nanoparticles at different concentrations, which are vertically shifted for easy comparison. Table 2 summarizes the main characteristics of these Raman spectra. The main factor affecting band position, width, and intensity is the clustering of  $sp^2$  phase [43]. The full width at half maximum of the *G* band FWHM(*G*) and *G* band position both measure disorder; however, FWHM(*G*) is mainly sensitive to structural disorder, while the *G* band position is mainly sensitive to topological disorder [44]. Structural disorder arises from bond angle and bond length distortions [44]. Topological disorder arises from the size and shape distribution of  $sp^2$  clusters [44]. The incorporation of TiO<sub>2</sub> nanoparticles into DLC films results in the increase in the intensity ratio of *D* and *G* peak ( $I_D/I_G$ ) and a shifting of *D* and *G* bands toward higher wave numbers. These characteristics imply the increase of the graphite-like bonds in DLC matrix [5]. TiO<sub>2</sub>-DLC samples have a third band arising from TiO<sub>2</sub>



**Fig. 2** Raman scattering spectra from **a** DLC film; DLC containing TiO<sub>2</sub> nanoparticles in the concentration of **b** 0.1, **c** 0.5, and **d** 1.0 g/L [27]; and **e** TiO<sub>2</sub> powder. The spectra are vertically shifted for easy comparison

**Table 2** Gaussian fitting results of Raman spectra from DLC films with various TiO<sub>2</sub> concentrations [26]

TiO <sub>2</sub> concentration (g/L)	D band position (cm <sup>-1</sup> )	G band position (cm <sup>-1</sup> )	TiO <sub>2</sub> band position (cm <sup>-1</sup> )	FWHM (G)	I <sub>D</sub> /I <sub>G</sub>
0.0	1,328.5	1,534.1	–	168.4	1.35
0.1	1,347.5	1,538.1	1,201.8	161.9	1.37
0.5	1,377.2	1,542.4	1,189.3	162.0	1.39
1.0	1,380.3	1,543.0	1,158.6	176.2	1.48

**Table 3** Average roughness of DLC films with different TiO<sub>2</sub> concentrations. Each mean value corresponds to the average value on three different areas

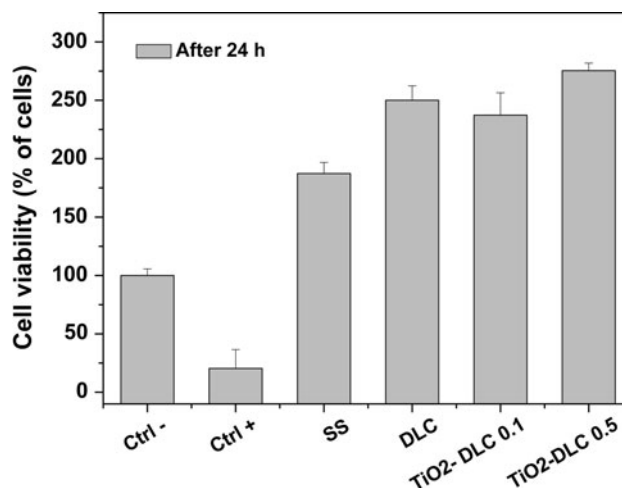
TiO <sub>2</sub> concentration (g/L)	Average roughness (nm)
0.0	4.7 ± 0.5
0.1	5.9 ± 0.8
0.5	6.8 ± 0.7
1.0	7.0 ± 0.5

nanoparticles. The TiO<sub>2</sub> powder spectrum shows a band at 1,226.0 cm<sup>-1</sup> (Fig. 2e). When the concentration of TiO<sub>2</sub> nanoparticles in DLC films increased, the TiO<sub>2</sub> band shifts toward TiO<sub>2</sub> powder peak.

The surface roughness measured through AFM images over an area of 1 μm x 1 μm can be seen on Table 3. Even though all the surfaces are considerably smooth, the presence of TiO<sub>2</sub> nanoparticles in DLC films slightly increased their surface roughness. More details regarding DLC and TiO<sub>2</sub>-DLC films can be seen in a previous manuscript [26].

The cell viability is positively correlated with the degree of MTT reduction [28, 34, 45]. Figure 3 shows the cell viability found for DLC and TiO<sub>2</sub>-DLC films, compared to the negative and positive controls. The positive control has very low cell viability, characterizing cell death. A high index of cell viability is shown for DLC and TiO<sub>2</sub>-DLC films. Compared to the positive control, the DLC and TiO<sub>2</sub>-DLC films are evidently nontoxic. The increasing concentration of TiO<sub>2</sub> nanoparticles in DLC films enhances the cell viability on these samples.

The adhesion of cells to a surface is determined by the interplay of electrostatic and hydrophobic/hydrophilic interactions [46]. The contact angles of the samples formed with distilled water and diiodomethane are shown in Table 4. As the concentration of TiO<sub>2</sub> nanoparticles in DLC films increased, the water contact angle decreased from 82 to ~50°, and in the case of diiodomethane, the contact angle remained almost constant ~40°. These results are illustrated in Fig. 4. Usually, a hydrophobic surface has a contact angle higher than 70°, while a hydrophilic surface has a contact angle lower than 70° [33]. These results indicate that TiO<sub>2</sub>-DLC is hydrophilic and TiO<sub>2</sub>-DLC films acquired the hydrophilic characteristic from the amorphous TiO<sub>2</sub> surfaces [47].

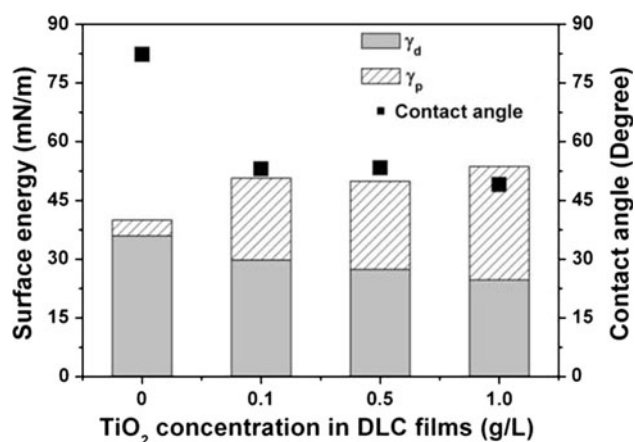
**Fig. 3** L929 mouse fibroblasts viability curve measured by MTT assay**Table 4** Contact angle of DLC and TiO<sub>2</sub>-DLC films with different TiO<sub>2</sub> concentrations

TiO <sub>2</sub> concentration (g/L)	Contact angle, θ (°)	
	Water	Diiodomethane
0.0	82.3 ± 4.5	40.2 ± 1.6
0.1	53.0 ± 2.1	39.6 ± 2.4
0.5	53.3 ± 1.5	44.1 ± 5.4
1.0	49.0 ± 2.2	39.6 ± 2.4

Each mean value corresponds to the average value on five different areas

Some researchers have reported that cell adhesion appears to be maximized on moderately wettable surfaces with water contact angles in the range of 60–90° [48–51]. The DLC and TiO<sub>2</sub>-DLC water contact angle values in this range are independent of TiO<sub>2</sub> nanoparticle concentration. However, van Wachem et al. [49], who studied human endothelial cells, further suggest that moderately wettable surfaces increase the adsorption of serum proteins, which thereby increases cell attachment, spreading, and adhesion. In this case, the TiO<sub>2</sub>-DLC films will be more applicable.

The water contact angle is an important property of a cell culture substrate. Another important property directly related to it is the surface free energy of the substrate,



**Fig. 4** Dependence of the water contact angle and the surface energy of TiO<sub>2</sub>-DLC samples according to the TiO<sub>2</sub> concentration in the films

**Table 5** Surface energy components of DLC and TiO<sub>2</sub>-DLC films with different TiO<sub>2</sub> concentrations

TiO <sub>2</sub> concentration (g/L)	Surface free energy (mN/m)			γ <sub>p</sub> /(γ <sub>d</sub> + γ <sub>p</sub> )
	Dispersive (γ <sub>d</sub> )	Polar (γ <sub>p</sub> )	Total	
0.0	36.0	4.0	40.0	0.10
0.1	29.8	20.9	50.7	0.41
0.5	27.4	22.5	49.9	0.45
1.0	24.7	29.0	53.7	0.54

Each mean value corresponds to the average value on five different areas

which has been shown to be related to the function of tissue cultured on the substrate, including attachment, spreading, and growth [48].

The surface energy components obtained according to the Owens method [30] are also listed in Table 5. The total surface energy (γ) of 40.0 mN/m for the as-deposited DLC films is estimated as the sum of a dispersive component (γ<sub>d</sub> = 36.0 mN/m) and a polar component (γ<sub>p</sub> = 4.0 mN/m). The interfacial free energy determines the wetting characteristics, and hence, the wall shear stress generated when the liquid comes into contact with the surface [30]. As the concentration of TiO<sub>2</sub> nanoparticles in DLC films increased, the total surface energy also increased from 40.0 to 53.7 mN/m. The increase in the total surface energy of TiO<sub>2</sub>-DLC films is attributed to the increase in the polar component. TiO<sub>2</sub>-DLC films have a higher polar component due to the oxide particles on the surface [52]. The polar components attract the electric dipoles of water, which minimizes the interfacial energy and the water contact angle [52]. The water contact angle decreased as the polar component in the surface energy increased. Electric dipole of water molecule is attracted by the polar

component, which reduces the interfacial energy between the surface and the water, and thus, the wetting angle of water [53].

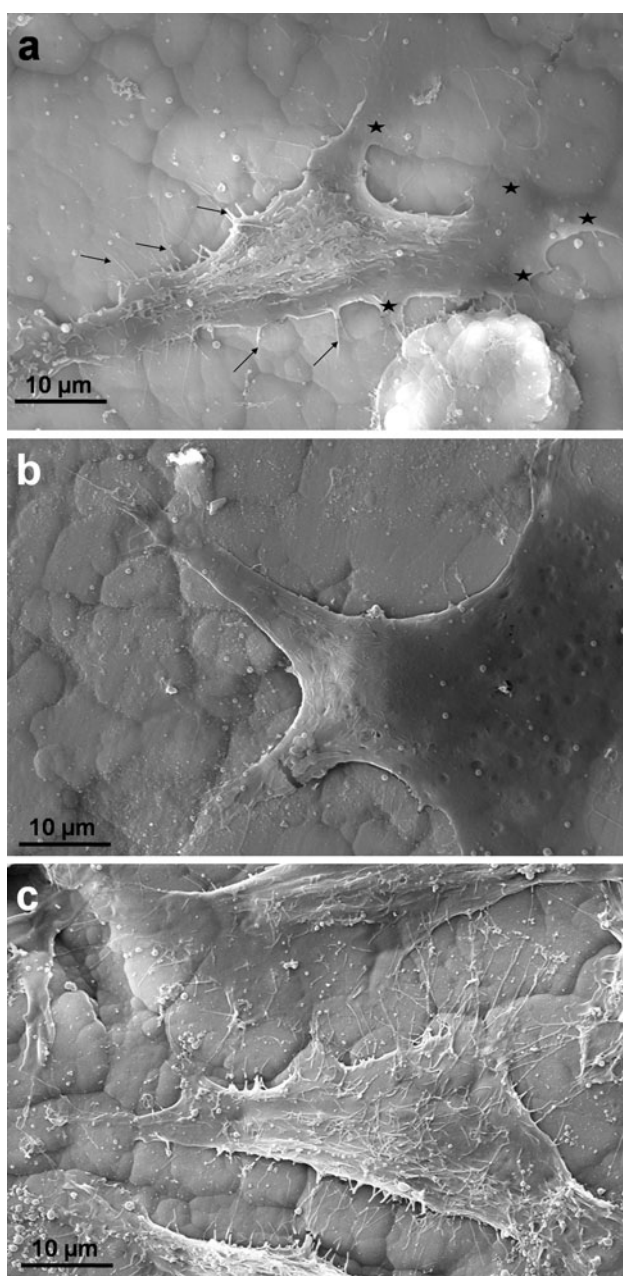
The influence of the polar and dispersive components on fibroblast adhesion has been previously reported for different polymeric biomaterials [54, 55]. Hallab et al. [55] studied the correlation between biomaterial surface energy and directed cell adhesion. They stated that while the polar component of the surface free energy seemed to be an accurate determinant of cellular adhesion, a poor correlation was observed for the dispersive component [55]. The fractional polarity [3] (FP = γ<sub>p</sub>/(γ<sub>d</sub> + γ<sub>p</sub>)) has been previously correlated with cell attachment and cell spreading [55]. Hallab et al. [55] stated that the shear strength of cell adhesion reached its maximum at around 0.5 FP. In the present study, films containing 0.5 and 1.0 g/L of TiO<sub>2</sub> are in this range.

A thermodynamic approach offers a powerful tool to predict cell spreading to solid substrates [34, 45]. For this, the surface free energy values of L929 mouse fibroblasts (γ<sub>C</sub>) calculated by Schakenraad et al. [35] were used. The average values of work of adhesion (ΔF<sub>Adh</sub>) for the studied samples are listed in Table 6. All the calculated values for ΔF<sub>Adh</sub> for L929 mouse fibroblast adhesion on DLC and TiO<sub>2</sub>-DLC films are negative (ΔF<sub>Adh</sub> < 0). As provided by Schakenraad et al. [35], a negative value for ΔF<sub>Adh</sub> indicates conditions that are favorable for cell adhesion. In addition, as the TiO<sub>2</sub> concentration increases in DLC films, the ΔF<sub>Adh</sub> values became more negative. This result suggests that as the TiO<sub>2</sub> content in DLC films increased, they became more thermodynamically favorable to cell spreading.

The theoretical results were compared to SEM images from the studied samples. Figure 5 shows the SEM images of L-929 cells morphology totally spreading on (a) DLC, (b) 0.1 g/L TiO<sub>2</sub>-DLC, and (c) 0.5 g/L TiO<sub>2</sub>-DLC films. The very healthy cell behavior was observed in both substrates (DLC and TiO<sub>2</sub>-DLC films). The SEM images clearly show cells with a higher number of membrane projections on TiO<sub>2</sub>-DLC (Fig. 4b, c) films compared to DLC (Fig. 5a) films. Figure 5a illustrates cell spreading on DLC films. L929 are flattened over DLC surface, extending their filopodia (arrows) and lamellipodia (stars) membranes. In Fig. 5b, from 0.1 g/L TiO<sub>2</sub>-DLC films, the cells

**Table 6** Interfacial free energy of adhesion of DLC and TiO<sub>2</sub>-DLC films with different TiO<sub>2</sub> concentrations

TiO <sub>2</sub> Concentration (g/L)	Interfacial free energy of adhesion (mJ/m <sup>2</sup> )
0.0	-7.6
0.1	-14.5
0.5	-16.2
1.0	-17.1



**Fig. 5** SEM images of L929 mouse fibroblast spreading on **a** DLC, **b** 0.1 g/L TiO<sub>2</sub>-DLC, and **c** 0.5 g/L TiO<sub>2</sub>-DLC films

become more flattened and tensioned (high adhesion), with the presence of more lamellipodia. In Fig. 5c, from 0.5 g/L TiO<sub>2</sub>-DLC films, L929 cells are completely flattened, with a huge number of extended filopodia and lamellipodia membranes. The increasing number of membrane projections (filopodia and lamellipodia) evidenced the increasing adhesion between L929 cells and DLC films with increasing TiO<sub>2</sub> content.

Cellular adhesion is generally dependent on time, adhesive forces at the cell/material interface, and surface topography. Several authors have shown that an initial

period of time (e.g., 6–24 h) is essential for the cell adhesion due to migration and proliferation of the cells on nanobiomaterial surfaces [56, 57]. Fibroblasts play a particularly important role in the wound repair process as one of the first tissues involved with the repair of damaged or diseased tissue. Substrate properties including the water contact angle [48], surface free energy [35], and roughness [48, 58] can influence cellular processes of attachment, spreading, and growth. Furthermore, fibroblast spreading has been correlated with surface free energy, with greatest spreading on substrates with surface free energy greater than 45 (mN/m) [49, 55], as in the case of all the TiO<sub>2</sub>-DLC films in this manuscript.

#### 4 Conclusions

In this paper, the spreading of L929 mouse fibroblasts cells was studied by physicochemical properties and thermodynamic approach on diamond-like carbon films containing TiO<sub>2</sub> nanoparticles. Cell viability increases with increasing concentration of TiO<sub>2</sub> in the films. Multiple factors are likely to mediate this enhancement, such as the increasing of the surface roughness, decreasing of water contact angle (increasing of hydrophilic character), and increasing of the total surface free energy due to the higher polar component. In addition, the presence of TiO<sub>2</sub> increased the graphite-like bonds in DLC films. As the concentration of TiO<sub>2</sub> increased, the films become more thermodynamically favorable to cell spreading ( $\Delta F_{\text{Adh}}$  values became more negative), which was evidenced through the increasing number of projections (filopodia and lamellipodia), indicating a higher adhesion between L929 cells and the films. The practical and theoretical findings of this study show that the incorporation of TiO<sub>2</sub> into DLC films was effective in enhancing cell viability.

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